



## POUGHKEEPSIE PUBLIC SCHOOL TEACHERS' ASSOCIATION

40 Garden Street, Suite 207  
Poughkeepsie, New York 12601  
officesecretary@ppsta.org  
Office 845.471.33 Fax 845.471.6793

### TO REQUEST SICK BANK DAYS:

Print the following two forms, entitled **REQUEST FOR WITHDRAWAL OF SICK BANK DAYS** and **DOCTOR CERTIFICATION FORM**.

Send these two completed forms along with a letter from your doctor stating the specific reasons for which you are unable to perform professional duties to:

**Amber Grant, Sick Bank Chair, [sickbank@ppsta.org](mailto:sickbank@ppsta.org)**

**Poughkeepsie High School  
70 Forbus Street  
Poughkeepsie, NY 12603**

**Note: The letter from your doctor should also be sent to:**

**Deanna Singelton  
18 South Perry Street  
Poughkeepsie, NY 12601**

#### Additional information:

- It is also recommended you submit your request 2 weeks before days are needed from the sick leave bank.
- You must use ALL of your allotted sick leave days before requesting days from the sick leave bank for the remainder of the time you need to be out. If in doubt of the number of sick days you have, contact **Deana Singelton at 845-451-4900, Ext 4970**
- The maximum number of days that can be requested from the sick bank is 30 days. If more days are needed the process needs to be repeated.

Questions? Contact **Amber Grant @ [sickbank@ppsta.org](mailto:sickbank@ppsta.org)**

KIMBERLY POPKEN, PRESIDENT

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**REQUEST FOR WITHDRAWL OF SICK BANK DAYS**



Date: \_\_\_\_\_

**To: SICK LEAVE BANK, Poughkeepsie Public School Teachers' Association**

From: \_\_\_\_\_ School: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

As a member enrolled in the Sick leave Bank, I find that I have used up my accumulated sick leave days and request that \_\_\_\_\_ days be withdrawn from the sick leave bank in my name to cover my extended illness/disability from

\_\_\_\_\_ to \_\_\_\_\_  
(start date) (End date)

**I will forward the completed doctor certification form and a letter from my doctor to verify this illness/disability.**

**The nature of this disability is (please be specific):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Member's Signature:** \_\_\_\_\_

**Doctor's Name:** \_\_\_\_\_

**Doctor's Address:** \_\_\_\_\_

**Doctor's Phone:** \_\_\_\_\_



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Date: \_\_\_\_\_

**To: SICK BANK, Poughkeepsie Public School Teachers' Association**

I hereby certify that \_\_\_\_\_ has been under my  
(patient's name)  
care for \_\_\_\_\_ .  
(illness/disability)

Due to this illness/disability this member has been/will be unable to perform their professional duties on the following dates:

**Complete A or B.**

**A.** \_\_\_\_\_ through \_\_\_\_\_  
(start date) (end date)

**B.** Starting \_\_\_\_\_, and will be able to work on or about \_\_\_\_\_.

**Complete C or D** if illness/disability is related to pregnancy.

**C.** This is a prenatal disability. The projected delivery date is \_\_\_\_\_

**D.** This is a postpartum disability. The actual delivery date was \_\_\_\_\_

**E.** This patient's treatment will include/included \_\_\_\_\_  
(procedure)

which will be/was performed on \_\_\_\_\_  
(date)

Please attach a letter stating the specific reasons, for which the patient is unable to perform professional duties.

\_\_\_\_\_  
(Doctor's Signature)