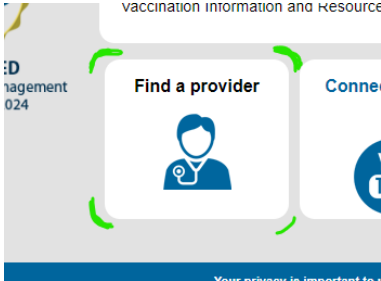


How to Find a Dentist Participating in the POMCO Select Network

1. Go to UMR.com
2. DO NOT log in. Click this button.



3. Click the Dental circle and start typing- POMCO. "POMCO Select Dental Network" will be the first option that will populate below. Choose that and hit Search.

A screenshot of the 'PROVIDER NETWORK SEARCH' form. At the top is a teal header with the text 'PROVIDER NETWORK SEARCH'. Below it is a dropdown menu labeled 'Select a network for search' with two options: 'Medical' (unselected) and 'Dental' (selected with a green circle). Below the dropdown is a text input field containing 'POMCO Select Dental Network', which is underlined in green. To the right of the input field is a green 'Search' button with a magnifying glass icon.

4. You can search by specialty or name. If by specialty, Filter on Physician then select the specialty. Enter your zip code and hit Find Providers.

Provider network

Find an in-network provider or doctor. Search by specialty (topic or area of expertise) or provider name (includes facilities).

Find a provider

A screenshot of the 'Find a provider' search form. It is divided into three sections: 1. 'Search by' with radio buttons for 'Provider specialty' (selected) and 'Provider name', and a checkbox for 'Display only Primary Care Physicians (PCP)'. 2. 'Filter' with two dropdown menus: the first is set to 'PHYSICIAN' and the second to 'General Dentist', both marked with a red asterisk. 3. 'Location' with a 'City or Zip' input field, a '-- Select State --' dropdown, and a 'Radius (in miles)' slider set to 10. A red note above the filter dropdowns says 'Fields marked with an * are required.' At the bottom right is a green 'Find providers' button with a green arrow pointing to it.